

The Story of Broadfork Farm's Winter Spinach

How was it
grown?



**We started
the seeds in
trays at the
end of
September.**





We transplanted the little spinach plants into our unheated field tunnels in the middle of October.



Every time it snowed, we shovelled off the tops and sides of the tunnels so they wouldn't collapse.

Spinach is very cold-hardy and can survive the winter if protected.

Spinach actually gets sweeter in the winter!



**This is
what the
inside of
the tunnel
looked like
in early
January.**





In March, we started watering the spinach every week.

**In early April,
we tested the
Brix levels of
our spinach. It
was double
what we
expected!**



**Finally, we
started
harvesting the
spinach to
bring to the
Dieppe
Market!**

