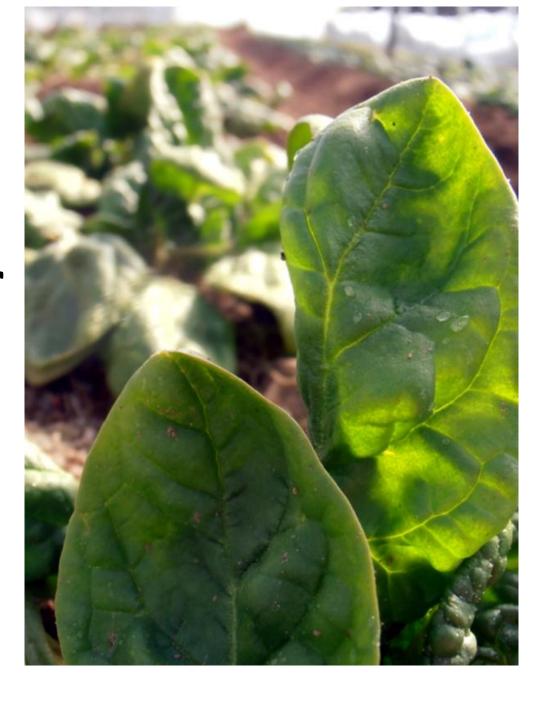
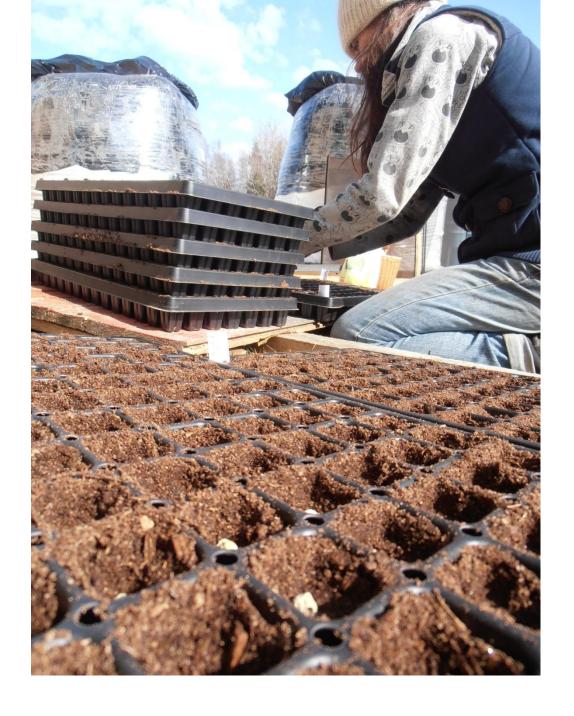
The Story of Broadfork Farm's Winter Spinach

How was it grown?



We started the seeds in trays at the end of September.





We transplanted the little spinach plants into our unheated field tunnels in the middle of October.



Every time it snowed, we shovelled off the tops and sides of the tunnels so they wouldn't collapse.

Spinach is very cold-hardy and can survive the winter if protected.

Spinach actually gets sweeter in the winter!



This is what the inside of the tunnel looked like in early January.





In March, we started watering the spinach every week.

In early April, we tested the **Brix levels of** our spinach. It was double what we expected!



Finally, we started harvesting the spinach to bring to the Dieppe Market!

